



Sample Scoring Sheet (Bout Sheet)

Use numbers and proper columns to score
DO NOT USE TICK MARKS
 (tick marks may be put in the wrong columns and numbers may be written wrong – by using both columns and numbers we help stop these errors)

Mark first points scored in the match

Circle Winner
 Cross Out Loser

NVWF BOUT SHEET

WEIGHT CLASS M-75B BOUT NO. 2

RED				GREEN			
JONES, Leslie				SMITH, Pat			
3 POINTS	2 POINTS	1 POINT	1 POINT CAUTION	3 POINTS	2 POINTS	1 POINT	1 POINT CAUTION
	2T				2T	1E	
					2R 2N		
3N	2T						
TOTAL RED: 9				TOTAL GREEN: 7			

PERIOD 1 2 3

WINNER: Leslie Jones (MV) SCORE: 9-7 (OT) OR PIN TIME: _____

TIME OF DAY MATCH ENDS: 13:14 JUDGE'S SIGNATURE: Jim Long

Enter overtime period and points if required

Enter the actual time of day that the match finished

Enter Name and Team of Winner

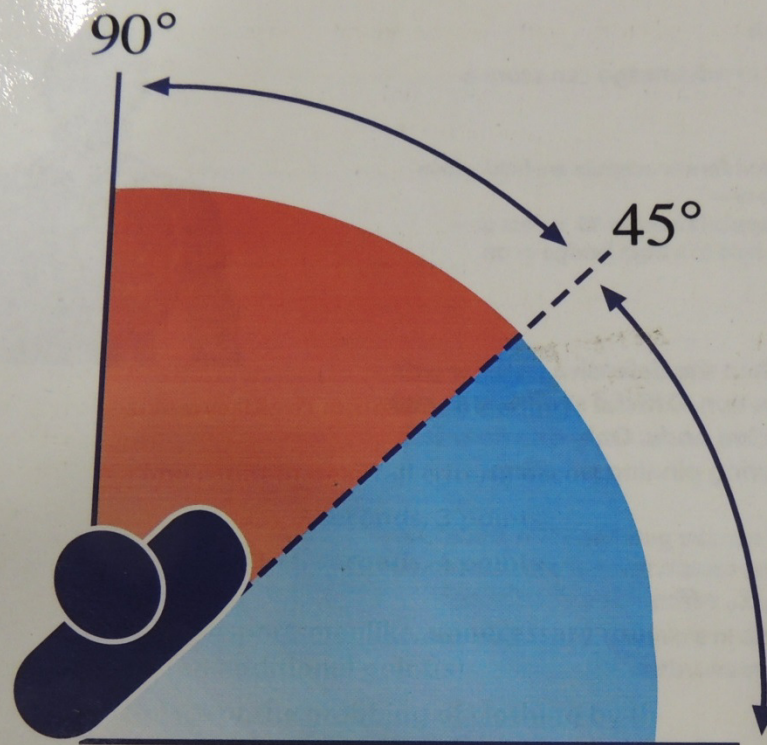
Indicate wrestler's chosen starting positions in rounds 2 & 3
 (eg. here GREEN chose down in round 2 and RED chose neutral in round 3).

Enter score OR pin time
DO NOT ENTER BOTH
 Note: Enter pin times as total elapsed time in match, NOT as elapsed time in current round.

Have the referee sign the bout sheet

Give completed bout sheet to winning wrestler and instruct him to return it to the pairing table.

Near fall points/Penalty points



If the defensive wrestler is injured or bleeding and near fall imminent:

from 90° to a one count in near fall criteria occurs, 2 points

If defensive wrestler is held for 2 seconds, 3 points

If defensive wrestler is held for 5 seconds, 4 points

If an illegal hold, unsportsmanlike, unnecessary roughness act occurs then add an additional point(s)

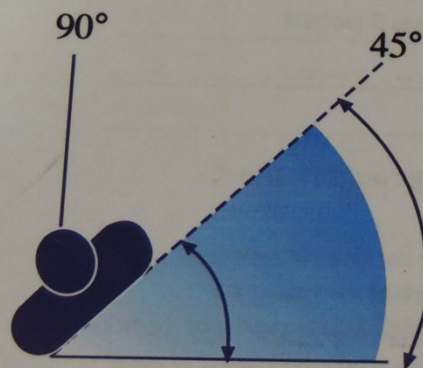
Note: Hands to face or the grabbing of clothing by the defensive wrestler, official will brush away hands with verbal warning to defensive wrestler, if the act is repeated then additional penalty points are awarded. If possible injury can occur stop immediately and award necessary points.

NEAR FALL RULE 5-11-ART.2

ART. 2 A **near fall** occurs when the offensive wrestler has control of the opponent in a pinning situation and near-fall criteria are met for a period of two seconds or longer.

Criteria for near fall

- a. Only the wrestler in **advantage** can score a near fall.
- b. Any part of **both shoulders or scapula** are held within **4" of the mat or less** or—
One shoulder or scapula is held in 45° or less or—
Defensive wrestler is held in a **high bridge** or on **both elbows**.
- c. A near-fall ends when the defensive wrestler gets out of pinning situation, **Official shall not signal points until situation ends. Only one near fall shall be scored** during pinning situation.
- d. *Note:* When defensive wrestler puts himself in precarious near fall position during escape, reversal attempts **do not** award near fall points, *if... offensive wrestler can control and restrain* in a pinning situation for two seconds, than points are awarded



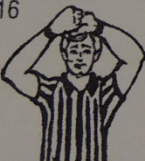
Near fall will be called when:
Defensive wrestler on his back in,
45°
High-bridge,
on elbows,
within 4"





OFFICIALS' WRESTLING SIGNALS HIGH SCHOOL AND COLLEGE



1  Starting the Match	2  Stopping the Match	3  Time Out	4  Start Injury Clock	5  Start Blood Clock
6  Stop Blood/Injury Clock	7  Neutral Position	8  Indicates No Control	9  Out-of-Bounds	10  Indicates Wrestler in Control Left/Right Hand
11  Defer Choice	12  Potentially Dangerous Left/Right Hand	13  Stalemate	14  Caution - False Start or Incorrect Starting Procedure	15  Stalling Left/Right Hand
16  Interlocking Hands or Grasping Clothing	17  Reversal	18  Technical Violation	19  Illegal Hold or Unnecessary Roughness	20  Near-Fall
21  Awarding Points Left/Right Hand	22  Unsportsmanlike Conduct Left/Right Hand	23  Flagrant Misconduct Left/Right Hand	24  Coach Misconduct Left/Right Hand	

WRESTLING SCORERS AND TIMERS INSTRUCTIONS

THE OFFICIAL SCORER shall be seated at the officials' table and is responsible for: (a) recording points scored by each contestant when signalled by the referee; (b) recording the wrestler who makes the choice at the start of the second and third periods and the position of the wrestlers in the advantage position at the start of the second and third periods; (c) constantly checking with the visiting team's scorer; (d) immediately advising the match timekeeper when there is any disagreement regarding the score; (e) advising the scoreboard operator or assistant scorers of the correct score during each match; (f) recording the completion time of matches; and (g) presenting the referee with the scorebook at the end of each match.

THE ASSISTANT SCORERS are responsible for recording points earned by each individual wrestler during the course of the

match. As points are earned in a dual meet, a running team score shall be kept following each individual match.

THE MATCH TIMEKEEPER is responsible for: (a) keeping the overall time of the match; (b) recording the accumulated time-outs for injury; (c) recovery time; (d) bleeding time; (e) notifying the referee of any significant situation when the match is stopped, or for disagreement by official scorer and timekeeper, or when requested by a coach to discuss a possible error; (f) assisting, when requested by the referee, in determining whether a situation occurred before or after the termination of a period; and (g) when a visual clock is not available, calling the minutes to referee, contestants and spectators and displaying with visual cards the number of seconds remaining in the last minute of the period at 15-second intervals.

SCORING ABBREVIATIONS

T₂—Takedown
R₂—Reversal
E₁—Escape
N₂—Near fall
N₃—Near fall (5 seconds)
S—Stalling
TV—Technical Violation
P—Illegal Holds or
Unnecessary Roughness
C—Caution

C₁—Points Earned After a Caution
W—Warning
UCM—Unsportsmanlike Conduct -
Match Point
UCT—Unsportsmanlike Conduct -
Team Point
FMC—Flagrant Misconduct
F—1:38 Fall
TF—4:25 Technical Fall
For.—Forfeit

Def.—Default
DQ—Disqualified
MD—Major Decision
Dec.—Decision
↑ —Selects Up
↓ —Selects Down
= —Selects Neutral
OT—Overtime
TB—Tiebreaker
IT—Injury Time

PENALTY CHART

Infractions	Rule	Warning	First Penalty	Second Penalty	Third Penalty	Fourth Penalty
Illegal Holds	7-1	No	1 Pt.	1 Pt.	2 Pts.	Disqualify
Technical Violations	7-3	No				
Stalling	7-6	Yes				
Unnecessary Roughness	7-4-1	No				
Unsportsmanlike Conduct by Contestants During a Match	7-4-2	No				
False Start or Incorrect Starting Position	7-3-1		Following two cautions there is a 1 point penalty for each infraction.			
Misconduct of Coaches (during the match)	6-6-6 7-5-4 8-1-5	Yes	Deduct 1 Team Point	Removal of head coach from premises immediately on second penalty and deduct 1 team point. Removal is for the remainder of the day.		
Unsportsmanlike Conduct - Contestants	7-4-2	No	Deduct 1 Team Point	Remove from premises immediately on second penalty and deduct 1 team point. Removal is for the remainder of the day.		
Parents Coaches and Other Team Personnel	7-5-3 8-1-4					
Flagrant Misconduct - Contestants	7-4-3 8-1-6	No				
Adults will be banned from NUWF meets by Commissioner			Disqualify on first offense, deduct 2 team points and remove from premises immediately for the duration of the event. Contestant is eliminated from further competition for the remainder of a dual meet, multiple school event or tournament and no team points can be earned.			
Flagrant Misconduct - Coaches and Other Team Personnel	7-5-5 8-1-6	No	Remove from premises immediately on first offense and deduct 2 team points. Removal is for the dual meet, remainder of a multiple school event or tournament.			
Greasy Substance on Body or Uniform, Improper Grooming, Objectionable Pads and Braces, Illegal Equipment or Uniform	8-1-1		Any contestant reporting to the mat in violation of this article shall be disqualified if not removed or corrected within the two-minute injury time.			

Summary of Technical Violations

Assuming Incorrect Starting Position
and False Start (7-3-1)
Going out of Wrestling Area (7-3-2)
Grappling Clothing, Etc. (7-3-3)
Interlocking Hands (7-3-4)
Leaving Mat Without Permission (7-3-5)
Figure 4 Head Scissor From Neutral (7-3-6)

Note 1—Disqualification due to technical violation, illegal hold, stalling, unsportsmanlike conduct during a match or unnecessary roughness does not eliminate a contestant from further competition in tournaments. Disqualification for unsportsmanlike conduct not during the match eliminates a contestant or coach for the remainder of the day. Disqualification for flagrant misconduct will disqualify any individual for the remainder of a dual meet, multiple school event or tournament. They are removed for the duration of the event.

Note 2—Points for unnecessary roughness, grappling clothing or locking hands are awarded in addition to points earned.

EXAMPLE OF INFRACTIONS—Wrestler A in the first period locks his hands — penalty, 1 point. Shortly thereafter he is called for a false start and is cautioned. In the second period, he applies an illegal hold and is penalized one point. He is then called for stalling and given a warning in the third period, he is called for an incorrect starting position and is again cautioned. He is later called for stalling and is penalized two points. Later in the period, he is called for a false start and is penalized one point. Later in the period, he locks his hands and is disqualified.



Northern Virginia
Wrestling Federation

THE OFFICIAL SCORER shall be seated at the officials' table and is responsible for: (a) recording points scored by each contestant when signalled by the referee; (b) recording the wrestler who makes the choice at the start of the second and third periods and the position of the wrestlers in the advantage position at the start of the second and third periods; (c) constantly checking with the visiting team's scorer; (d) immediately advising the match timekeeper when there is any disagreement regarding the score; (e) advising the scoreboard operator or assistant scorers of the correct score during each match; (f) recording the completion time of matches; and (g) presenting the referee with the scorebook at the end of each match.

THE ASSISTANT SCORERS are responsible for recording points earned by each individual wrestler during the course of the

match. As points are earned in a dual meet, a running team score shall be kept following each individual match.

THE MATCH TIMEKEEPER is responsible for: (a) keeping the overall time of the match; (b) recording the accumulated time-outs for injury; (c) recovery time; (d) bleeding time; (e) notifying the referee of any significant situation when the match is stopped, or for disagreement by official scorer and timekeeper, or when requested by a coach to discuss a possible error; (f) assisting, when requested by the referee, in determining whether a situation occurred before or after the termination of a period; and (g) when a visual clock is not available, calling the minutes to referee, contestants and spectators and displaying with visual cards the number of seconds remaining in the last minute of the period at 15-second intervals.

SCORING ABBREVIATIONS

T₂—Takedown
R₂—Reversal
E₁—Escape
N₂—Near fall
N₃—Near fall (5 seconds)
S—Stalling
TV—Technical Violation
P—Illegal Holds or
Unnecessary Roughness
C—Caution

C₁—Points Earned After a Caution
W—Warning
UCM—Unsportsmanlike Conduct -
Match Point
UCT—Unsportsmanlike Conduct -
Team Point
FMC—Flagrant Misconduct
F—1:38 Fall
TF—4:25 Technical Fall
For.—Forfeit

Def.—Default
DQ—Disqualified
MD—Major Decision
Dec.—Decision
↑ —Selects Up
↓ —Selects Down
= —Selects Neutral
OT—Overtime
TB—Tiebreaker
IT—Injury Time

PENALTY CHART

Infractions	Rule	Warning	First Penalty	Second Penalty	Third Penalty	Fourth Penalty
Illegal Holds	7-1	No	1 Pt.	1 Pt.	2 Pts.	Disqualify
Technical Violations	7-3	No				
Stalling	7-6	Yes				
Unnecessary Roughness	7-4-1	No				
Unsportsmanlike Conduct by Contestants During a Match	7-4-2	No				
False Start or Incorrect Starting Position	7-3-1		Following two cautions there is a 1 point penalty for each infraction.			
Misconduct of Coaches (during the match)	6-6-6 7-5-4 8-1-5	Yes	Deduct 1 Team Point	Removal of head coach from premises immediately on second penalty and deduct 1 team point. Removal is for the remainder of the day.		
Unsportsmanlike Conduct - Contestants (not during the match). Coaches and Other Team Personnel	7-4-2 7-5-3 8-1-4	No	Deduct 1 Team Point	Remove from premises immediately on second penalty and deduct 1 team point. Removal is for the remainder of the day.		
Flagrant Misconduct - Contestants	7-4-3 8-1-6	No	Disqualify on first offense, deduct 2 team points and remove from premises immediately for the duration of the event. Contestant is eliminated from further competition for the remainder of a dual meet, multiple school event or tournament and no team points can be earned.			
Flagrant Misconduct - Coaches and Other Team Personnel	7-5-5 8-1-6	No	Remove from premises immediately on first offense and deduct 2 team points. Removal is for the dual meet, remainder of a multiple school event or tournament.			
Greasy Substance on Body or Uniform. Improper Grooming. Objectionable Pads and Braces. Illegal Equipment or Uniform	8-1-1		Any contestant reporting to the mat in violation of this article shall be disqualified if not removed or corrected within the two-minute injury time.			

Summary of Technical Violations

Assuming Incorrect Starting Position

and False Start (7-3-1)

Going out of Wrestling Area (7-3-2)

Grasping Clothing, Etc. (7-3-3)

Interlocking Hands (7-3-4)

Leaving Mat Without Permission (7-3-5)

Figure 4 Head Scissor From Neutral (7-3-6)

Note 1—Disqualification due to technical violation, illegal hold, stalling, unsportsmanlike conduct during a match or unnecessary roughness does not eliminate a contestant from further competition in tournaments. Disqualification for unsportsmanlike conduct not during the match eliminates a contestant or coach for the remainder of the day. Disqualification for flagrant misconduct will disqualify any individual for the remainder of a dual meet, multiple school event or tournament. They are removed for the duration of the event.

Note 2—Points for unnecessary roughness, grasping clothing or locking hands are awarded in addition to points earned.

EXAMPLE OF INFRACTIONS—Wrestler A in the first period locks his hands — penalty, 1 point. Shortly thereafter he is called for a false start and is cautioned. In the second period, he applies an illegal hold and is penalized one point. He is then called for stalling and given a warning in the third period, he is called for an incorrect starting position and is again cautioned. He is later called for stalling and is penalized two points. Later in the period, he is called for a false start and is penalized one point. Later in the period, he locks his hands and is disqualified.