



Newly Improved Northern Virginia Wrestling Federation Mat Layouts, Logistics, and Formats



Compiled by Bill Marck

July 16, 2020

NVWF REMODELED

Strategic Planning Decisions



➤ NVWF Board of Directors Held Meetings:

- NVWF affiliate clubs held official meetings with representatives from clubs establishing quorums for information sharing, strategic planning, and adoption of provisions by board vote.
- August 21, 2019 meeting was held to share ideas for improving the league.
- September 25, 2019 meeting was held whereby the adoption of a measure by majority vote set aside funds to purchase mats with defined wrestling boundaries plus logistics to support competition activities.
- A committee was established at the September 25th meeting to evaluate mat options, layouts, and logistics.
- July 16, 2020 meeting was held whereby the board voted in agreement to accept the purchase of mats for two competition sites, mat layout designs for gymnasiums, supporting logistics for hauling and storing mats, and pursuits to utilize adult referees when appropriate.

➤ NVWF Purchases Include:

- Transportation options to tow five mats to each of two competition sites where ever high schools and clubs are willing to host events with two or more mats.
- One regulation size mat with a 30-foot circle and four custom youth size mats with 24-foot circles for each competition site.

July 16th Decisions Represent Monumental Historic Changes for NVWF Wrestling Programs

Planned Purchases
for
Two Competition Sites

Resilite Specifications, and Mat Performance

THE ONLY COMPANY THAT OFFERS BOTH CLASSIC & LITEWEIGHT MATS

We recommend the solution that's right for you—rather than push you in one direction.



CLASSIC MATS



LITEWEIGHT MATS

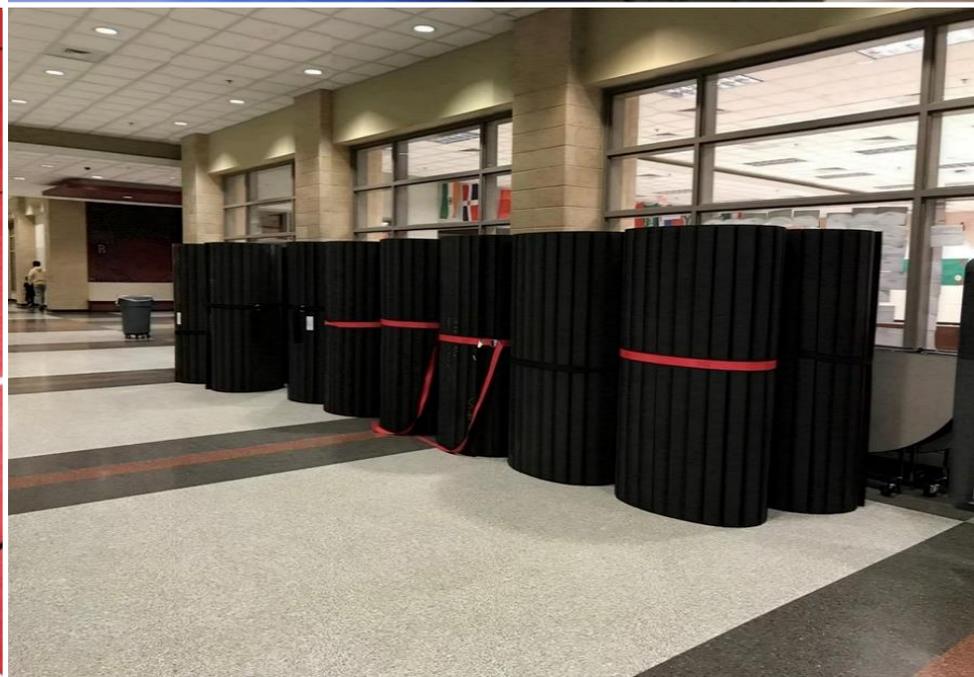
Classic mats are the traditional thick foam mats typically obtained in three heavy sections

Light weight mats (*Resilite calls them Liteweight*) typically obtained in 7-sections

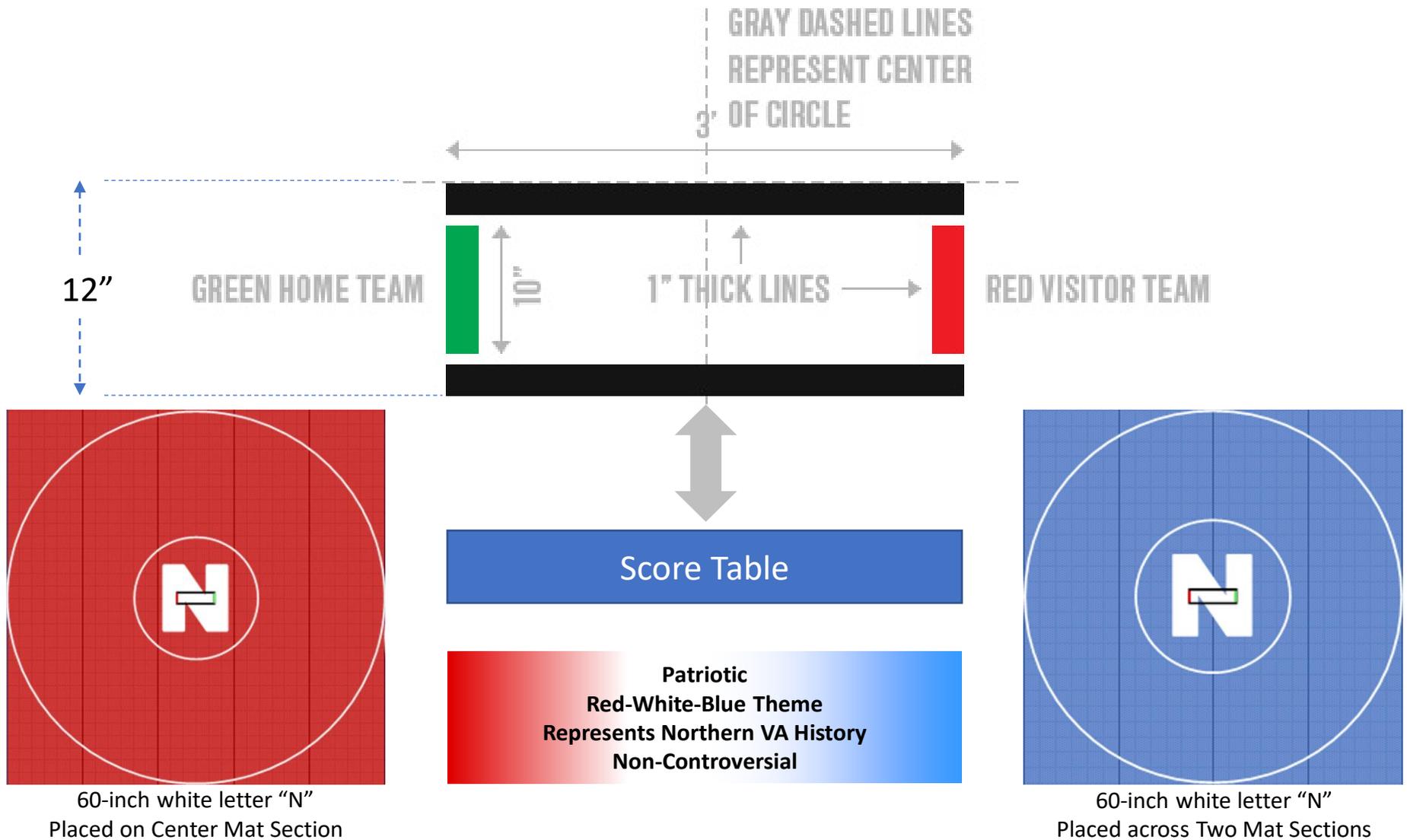
NVWF pursued plans to procure the “Liteweight” mats for ease of transport and handling

- Temperature operating or storage range -65 degrees to 200 degrees Fahrenheit
- Diameter size when rolled up ~ 36”
- Weight of each mat section is 120 pounds for a 6’ x 42’ section

Mat Style Purchases – Light Weight Mat Rolls



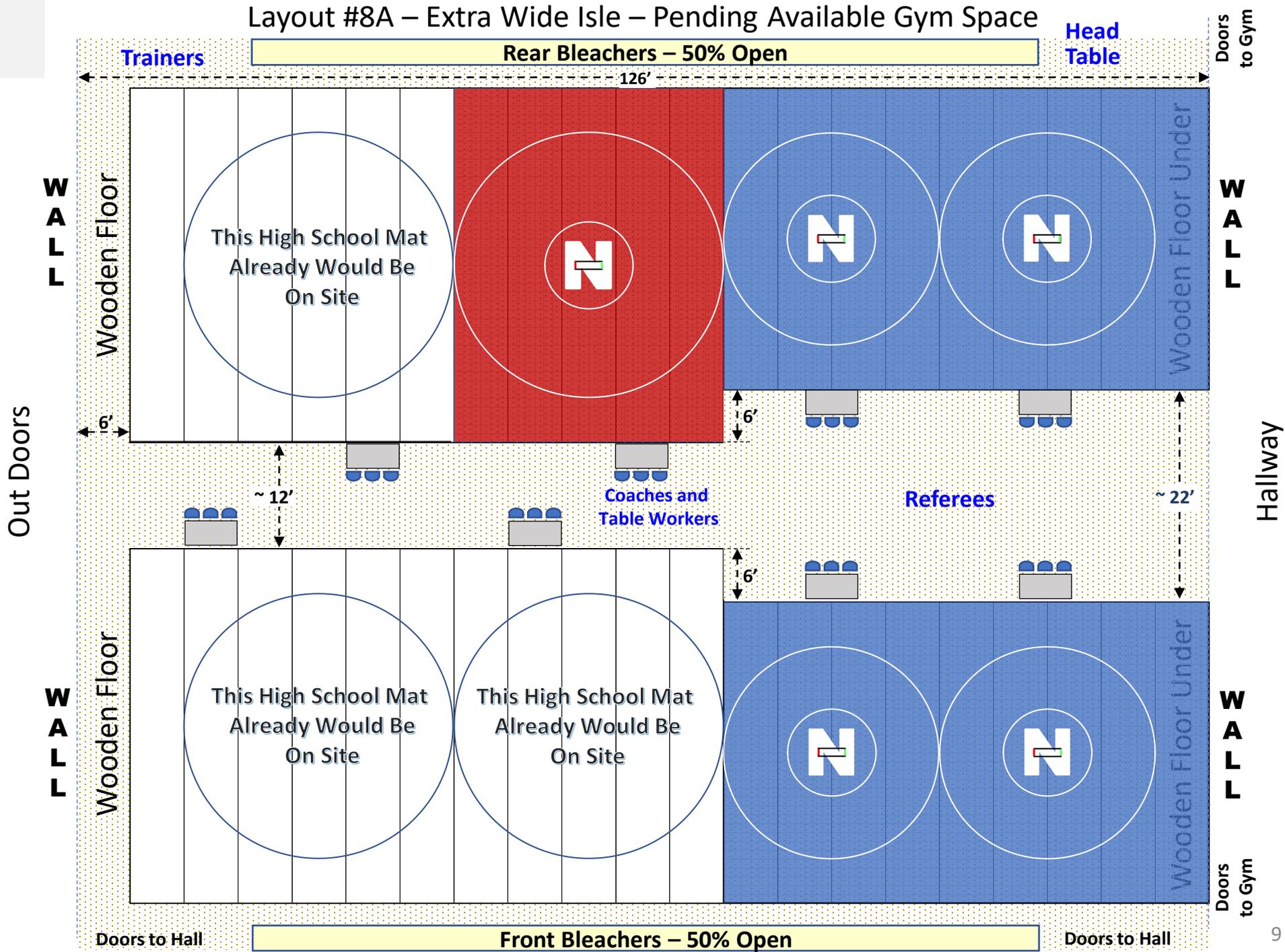
Patriotic Theme Colors Plus Referee Starting Lines



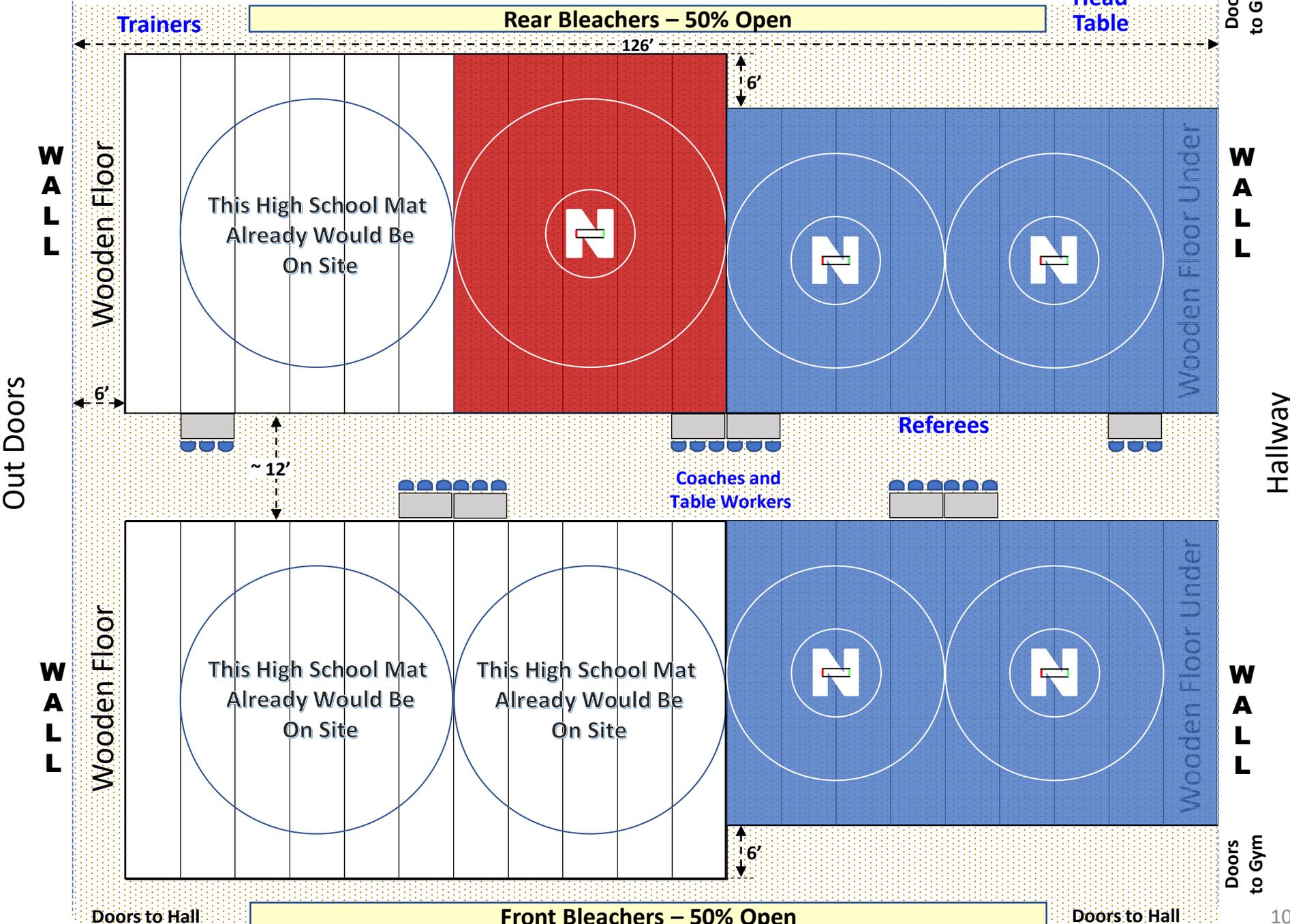
As a standard, RED appears on the right and GREEN on the left, as if the scoring table is located at the bottom of the mat. The RED and GREEN can be switched. Placement of the scoring table and the RED and GREEN starting lines will be specified when placing the order.

Gym Layout Options

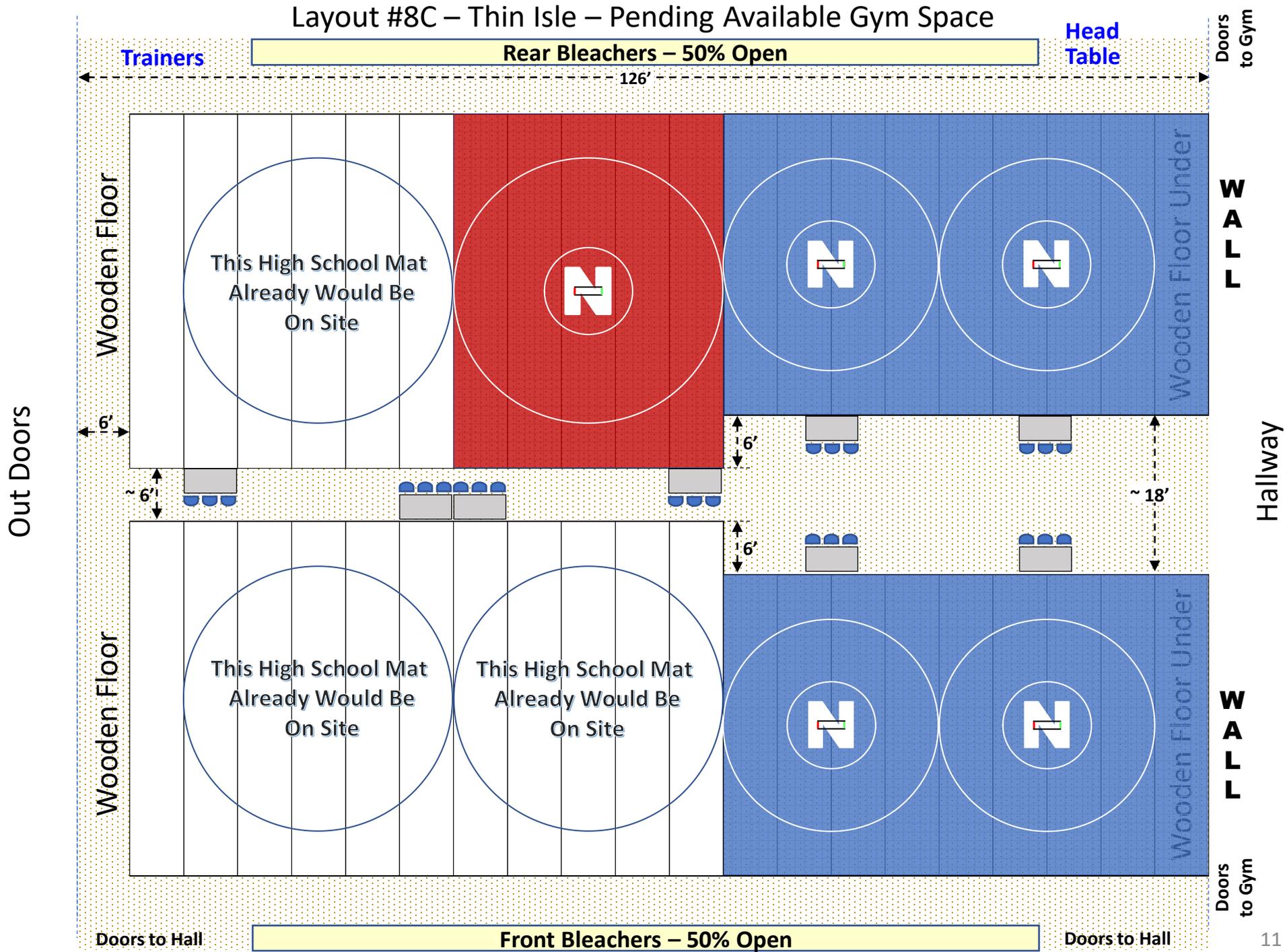
Layout #8A – Extra Wide Isle – Pending Available Gym Space



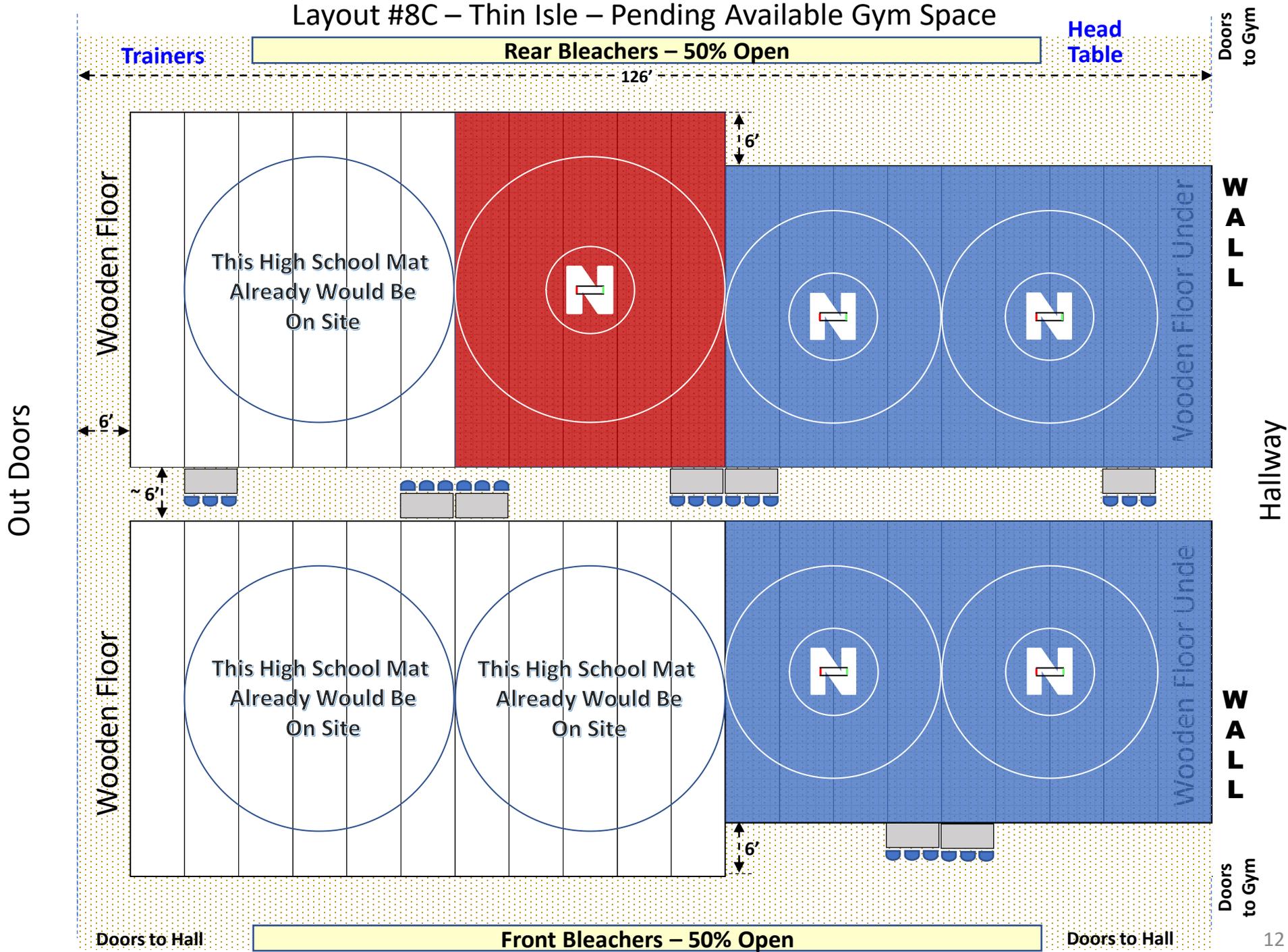
Layout #8B – Wide Isle – Pending Available Gym Space



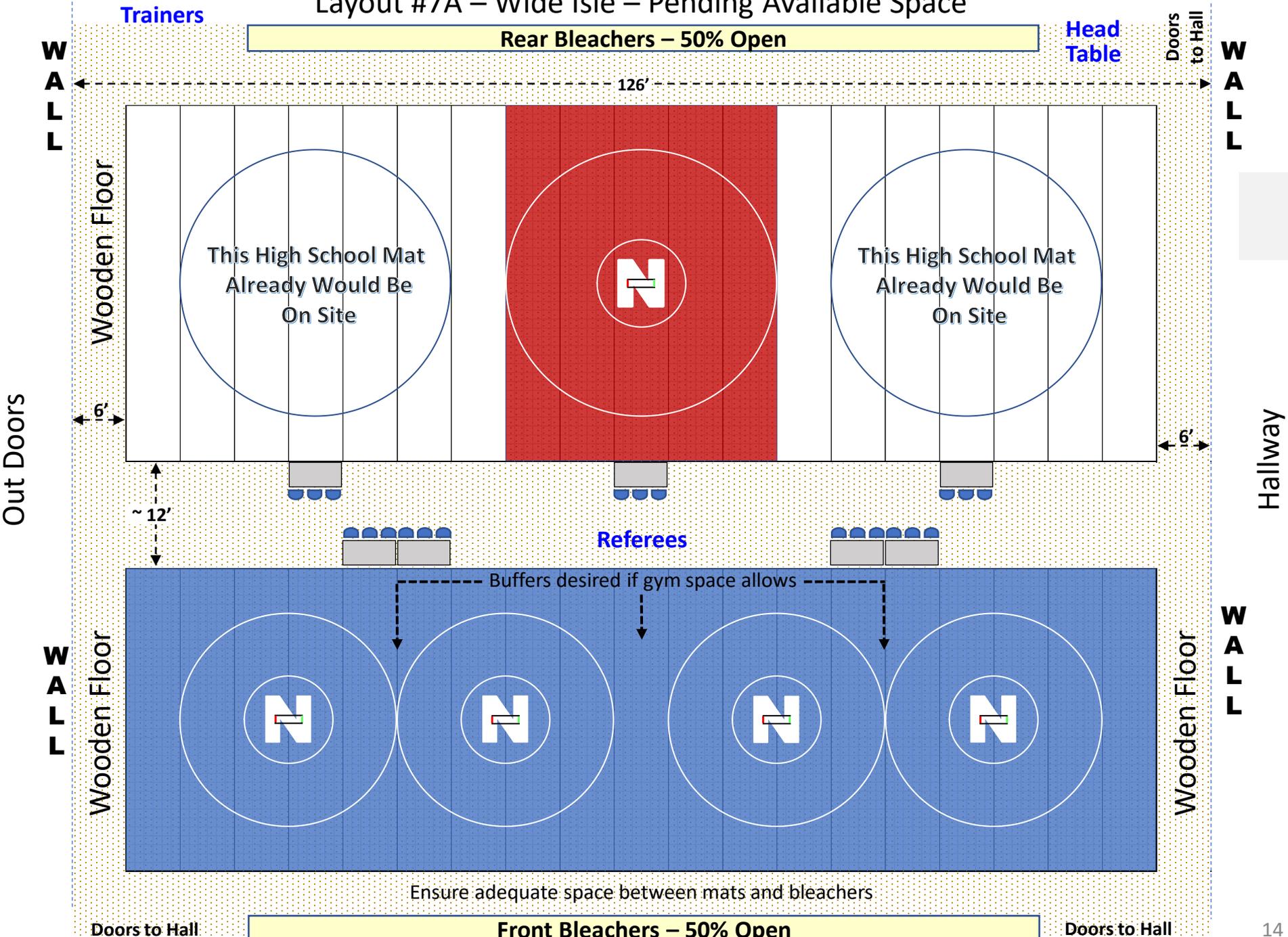
Layout #8C – Thin Isle – Pending Available Gym Space



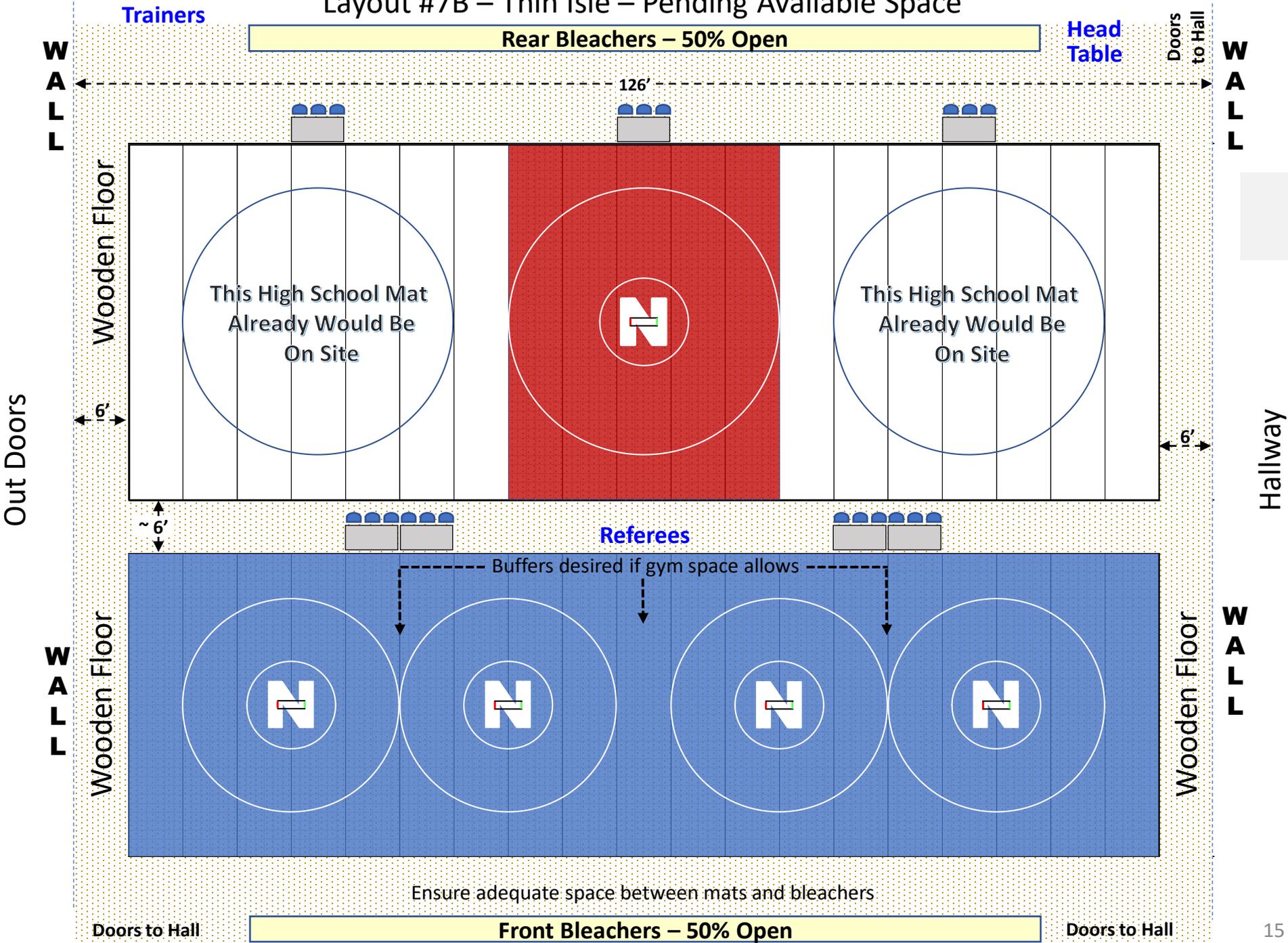
Layout #8C – Thin Isle – Pending Available Gym Space



Layout #7A – Wide Isle – Pending Available Space



Layout #7B – Thin Isle – Pending Available Space



Ensure adequate space between mats and bleachers

Layout #7C – No Isle – Minimizes Space Requirements

Trainers & Referees

Rear Bleachers – 50% Open

Head Table

Doors to Hall

W
A
L
L

W
A
L
L

126'

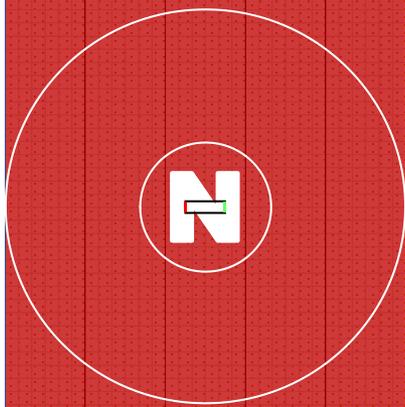
Wooden Floor

Hallway

Out Doors

16'

16'



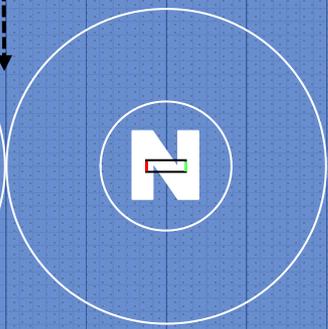
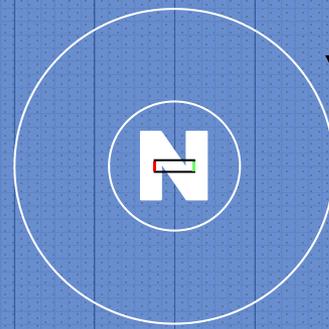
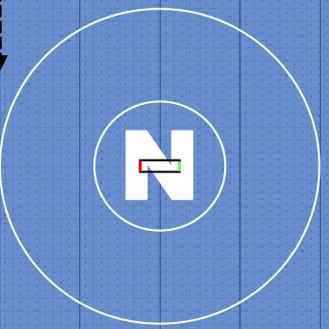
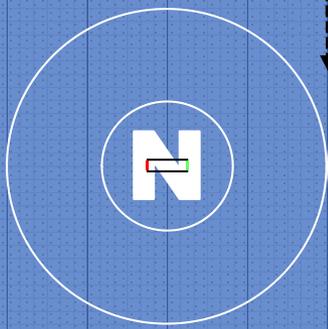
W
A
L
L

W
A
L
L

Wooden Floor

Wooden Floor

Buffers desired if gym space allows



Ensure adequate space between mats and bleachers

Doors to Hall

Front Bleachers – 50% Open

Doors to Hall

Model Mat Layouts and Formats

Loudoun County Gym Layout at John Champe High School



Twenty one 6-foot wide mat sections aligned from wall to wall

NVWF Holiday Open Tournament – December 2018



Adult referees were hired to support the NVWF Holiday Open Tournament in December 2018
An open individual style tournament for youth wrestlers in VA, MD, WV, PA
Loudoun County's Rockridge High School With Eight Mats

A Precedent Setting Event for Northern Virginia

VAWA State Championships in February 2019



Mat layouts with narrow idle down the center

Annual Gettysburg Round Robin Tournament



Eight Mats with Tables on Outside

Easy Bout System



Northern Virginia
Wrestling Officials Association
NVWOA

Adult Referees

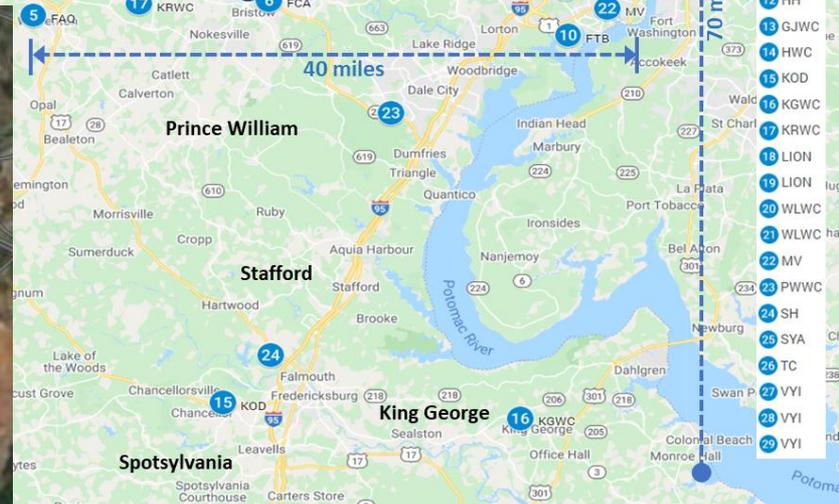
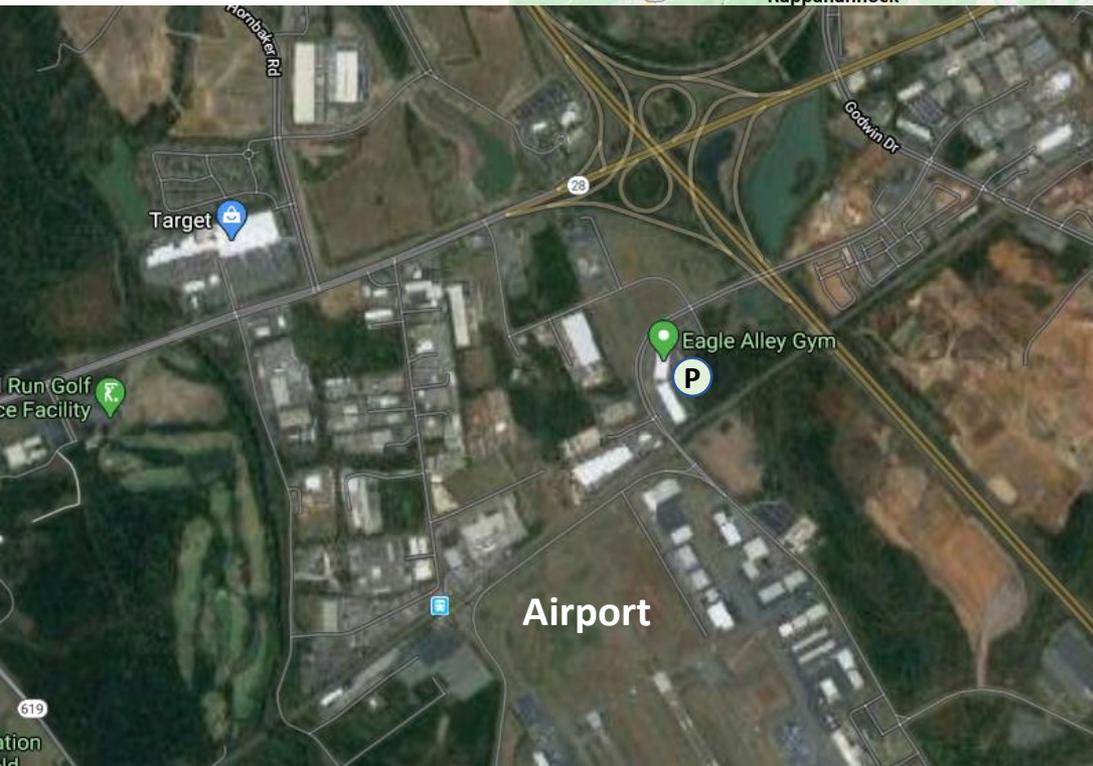
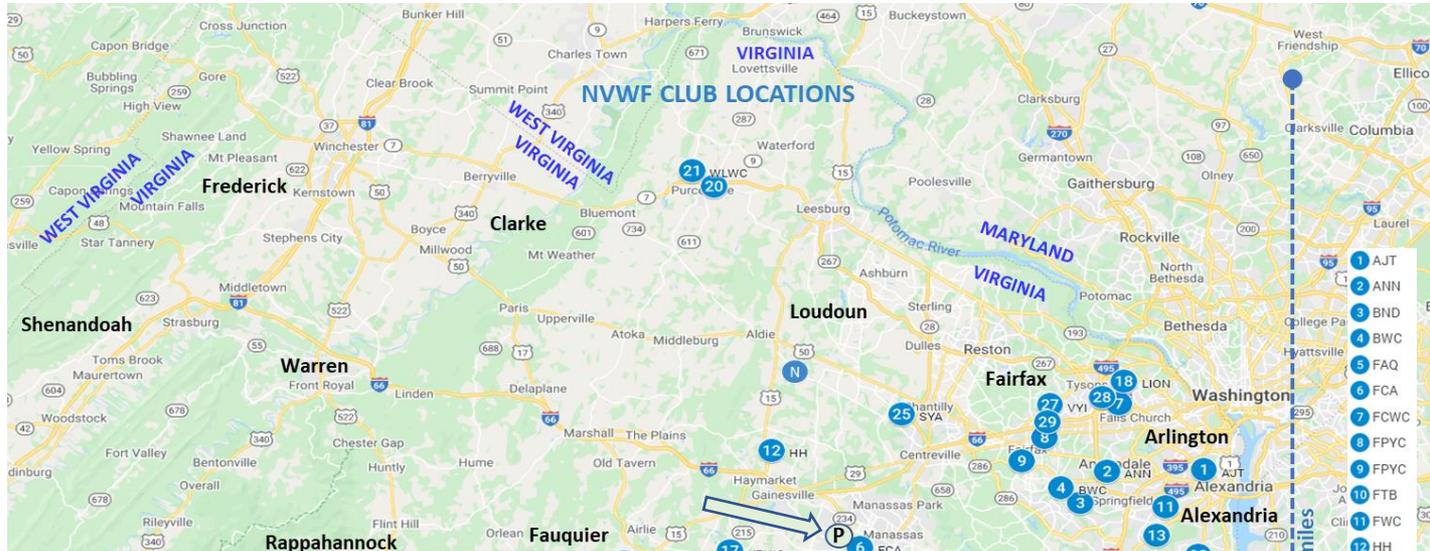
Northern VA Wrestling Association (NVWOA) Adult Referees Used Full Time, Half Time, or Part Time



Equipment and Storage Partnerships

Equipment, Storage, and Logistics Partners

**Warehouses
And Light Industry
With
Large Parking Areas
Room Enough
For Trailers**



Eagle Alley Gym

10659 Gateway Blvd, Manassas, VA 20110

Parking ~

Located near Manassas airport

Normal and safe place to park trailers

Easy access to highways and NVWF clubs

Partnerships and Affiliates



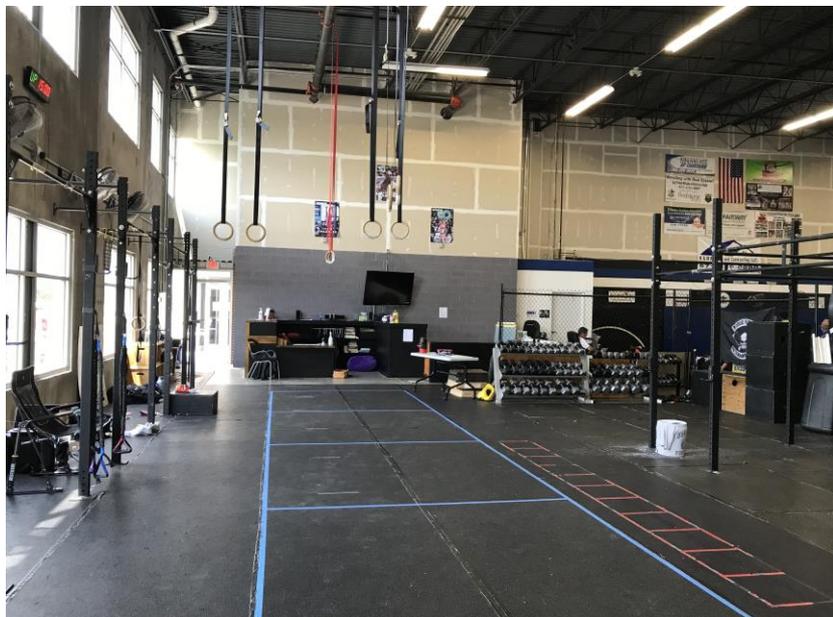
Eagle Alley Gym

10659 Gateway Blvd, Manassas, VA 20110

Parking ~ Located near Manassas airport with normal safe place to park trailers

Easy access to highways and NVWF clubs

Eagle Alley Gym Facility – Home of the FCA Club



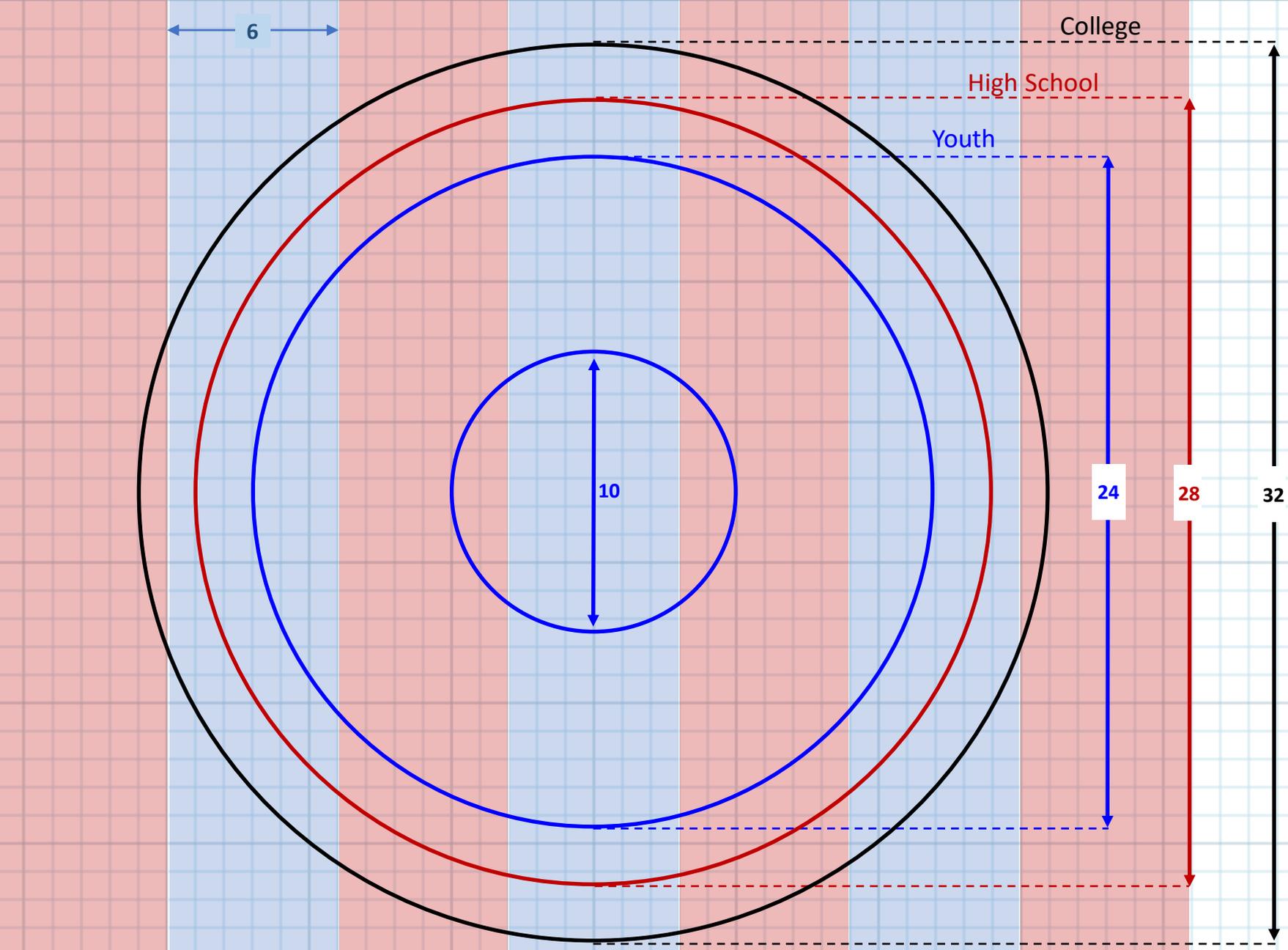
Eagle Alley Gym is Home to the Fellowship of Christian Athletes Wrestling Club, an NVWF Affiliate

Eagle Alley Gym Facility



Eagle Alley Gym has space to load, unload, and store equipment for large events.

NVWF Sets New Standard for Youth Mats



Conclusions



➤ NVWF Board of Directors Implementing Strategic Plans:

- New NVWF format addresses desired mat formats and referee strategies long desired by clubs, coaches, families, and wrestlers.
- Wrestlers will be able to become introduced to the sport of wrestling and grow to higher levels without having to travel far.
- NVWF plans to maintain competition times convenient for parents and wrestlers without having to stay in gyms all day long.
- Clubs welcomes both large and small clubs to join NVWF with boys, girls, beginners, or advanced in their experience levels.

➤ NVWF benefits from covering a large geographic area:

- Clubs are located from the tip of Loudoun county to the middle of King George county covering a span of a drive two hours in length.
- Clubs are also located from Arlington to Orange traversing through multiple counties across route 95 and through many country roads.
- Overall, NVWF includes a wide variety of wrestlers from cities, suburbs, and rural areas creating a very diverse pool of wrestling talent.

July 16th Decisions Represent Monumental Historic Changes for NVWF Wrestling Programs

Strive To Be The Best



Progress To The Next Level With NVWF

High Level Youth Wrestling



Year-Round



Join a Club - Create a Club - Ask us Questions – Grow with NVWF