



# Northern Virginia Wrestling Federation NVWF

www.nvwf.net

Season 2017-18 Clubs

September 10, 2017

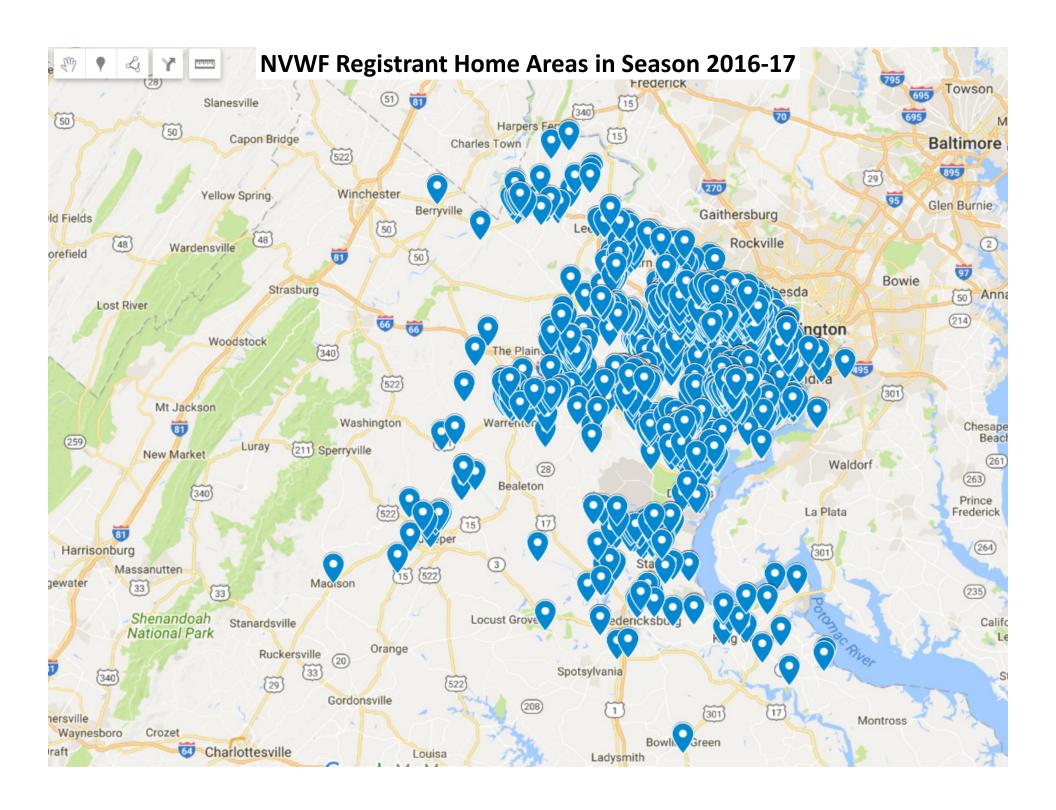
Bill Marck
NVWF Secretary

bmarckwrestling@gmail.com



#### Overall Summary of Northern Virginia Wrestling Federation

- NVWF operated since the late 1960's but was later formed as a 501(c)3 non-profit corporation registered in Virginia in the early 2000 period
- NVWF is comprised of elected officers from 30+ clubs located in the northern Virginia area to advance the sport of wrestling for male and female athletes
- Each year there are roughly 1500 participants ranging in age between the Kindergarten and 8<sup>th</sup> grades principally designed to serve kids with basic or low level advance skills
- Clubs have participated from many northern Virginia counties such as Loudoun, Fairfax,
   Prince William, Arlington, Fauquier, Stafford, Culpeper, King George, and others
- Cities include Alexandria, Fairfax, Falls Church, Manassas, Manassas Park, Leesburg, others
- Clubs operate as independent entities and compete together as part of the NVWF league all
  of which are associated, insured, and registered as part of USA Wrestling, Inc.
- Winter <u>practices</u> held <u>November through February</u>, although many clubs operate year-round
- A <u>Folkstyle</u> individual <u>competition format</u> is used during the winter season with two venues held simultaneously on select Sundays in <u>December, January, and February</u>. Each venue arranges competition areas on mats to give wrestlers 2-4 round robin matches
- A final season-end finale is held on a Saturday and Sunday for all wrestlers at one central location on the last full weekend of February
- Parents register with both the NVWF and their own clubs between September through November typically starting with their own clubs first



#### Club Acron Northern Virginia Wrestling Federation Clubs Season 2017-18 AJT Alexandria Junior Titans **Alexandria Junior Titans** AJT ANN **Annandale Mat Rats Bandits** BND Olney Berryville Poolesville Gaithersburg (657) **BWC Braddock Wrestling Club** (28) **Brentsville Tiger Youth Wrestling** ВТ Leesburg 340 (734) CYA **Chantilly Youth Association** oyce (200) (601) Rockville **Cougar Wrestling Club** CWC Mt Weather (267) DSYS (50 **Dulles South Youth Sports** North 15 Ashburn (611) DSYS Bethesda **Dulles South Youth Sports** Potomac DSYS **Dulles South Youth Sports** Sterling Paris 12 Fairfax Police Youth Club FPYC Upperville Bethesda Atoka Middleburg (193) Aldie **Fairfax Police Youth Club** FPYC Dulles (688) (17) Hyatt 14 Falls Church Wrestling Club **FCWC** 15 Fauquier Wrestling Club FAQ Delaplane 16 Fellowship of Christian Athletes/ Bull Run FCA-BRW Washington 36 hantil 17 Fort Belvoir Youth Wrestling FTB 18 Fort Myer Youth Wrestling FTM Marshall The Plains (234) 19 Franconia Wrestling Club FWC Ar 3 dale Old Tavern Hayfield Junior Hawks Wrestling HJHW 29 66 **Haymarket Hurricanes** НН Alexandria Gainesville (647) **Herndon Reston Rattlers** HRW Manassas 23 Jaguar Youth Club JYC Airlie (215) Orlean 15 Manassas **Kettle Run Wrestling Club** KRW 15 enton King George Youth Wrestling KGYC Fort King George Youth Wrestling KGYC (294) Washington Lake Ridge **Kodiac Wrestling Club** 27 KOD (211) (642) Accokeek **Lions Wrestling Club** LION Woodbridge Catlett (229) **Lions Wrestling Club** LION Dale City (210) Calverton Opal **Lions Wrestling Club** LION River [17] (28) Prince William **Lions Wrestling Club** LION Bealeton Forest Park **Lions Wrestling Club** LION Marbury Dumfrie: 34 Mount Vernon Youth Wrestling MV (610) (729)Triangle (224) **Prince William Wrestling Club PWWC** Remington La Plata Quantico 35 South County Athletic Association SCAA (6) (17) (15) (610) Ironsides Southwestern Youth Assoc SYA 36 Culpeper 41 Cropp 37 Southwestern Youth Assoc SYA 40 Aquia Harbour Bel Alton (669) Sumerduck Nanjemoy SH Goldvein Stafford Highlanders (301) 39 Stafford Highlanders SH Ramoth Stafford SH Stafford Highlanders 40 (522) 41 Team Cobra Brooke TC (615) Newb VYI Vienna Youth Comac Rives (611) Lake of VYI Vienna Youth the Woods Dahlgren Vienna Youth VYI 44 idan Locust Grove Fred 45 burg (218) WWWC Warewolves (206) (218) Chance Western Loudoun Wrestling Club WLWC 26 King George Rhoadesville 47 Western Loudoun Wrestling Club WLWC (20) Sealston

### **NVWF Club Contacts for Season 2017-18**

| 1  | AJT: Alexandria Junior Titans                   | lexandria Junior Titans  Danny Organek Info confirmed |                                    | Dannyo22@gmail.com             | 703-599-9653 |
|----|---|---|------------------------------------|--------------------------------|--------------|
| 2  | ANN: Annandale                                  | Annandale Gary Rubin and Bo Lee Club in transition    |                                    | grubin698@gmail.com            | 703-677-0636 |
| 3  | BND: Bandits                                    | : Bandits Ilean Kucharzck Info confirmed              |                                    | ileankimberly@verizon.net      | 703-405-7487 |
| 4  | BT: Brentsville Tigers                          | Brentsville Tigers  Jesse Cline Info confirmed        |                                    | Jesse@cwcabinet.com            | 703-740-7955 |
| 5  | BWC: Braddock Wrestling Club                    | Scott Matheny   | President                          | wsmatheny@fcps.edu             |              |
| 6  | CWC: Cougar Wrestling Club                      | Brian McDaniel  | Head Coach                         | bkmcdaniel214@aol.com          | 703-409-6272 |
| 7  | CYA: Chantilly Youth Assoc.                     | Jihoon Shin   | Commissioner                       | jihoon.shin@gmail.com          | 703-342-6145 |
| 8  | DSYS: Dulles South Youth Sports                 | William Marck   | Commissioner                       | WRESTLING@DULLESYOUTH.COM      | 571-338-5669 |
| 9  | FAQ: Fauquier Wrestling Club                    | uquier Wrestling Club Cheryl Budd Info confirmed      |                                    | director@fauquierwrestling.org | 540-222-2739 |
| 10 | CA: Fellowship of Christian Athletes Doug White |   | Overall Lead Manager               | larrydouglas.white@gmail.com   | 703-586-8430 |
| 11 | FCWC: Falls Church Wrestling Club               | Robert Aaron Martinez<br>Info confirmed               | Manager & Head Coach               | amartinez457@gmail.com         | 703-725-0804 |
| 12 | PYC: Fairfax Police Youth Club  Info confirmed  |   | FPYC Wrestling Director            | FPYCwrestling@gmail.com        | 202-253-3116 |
| 13 | FTB: Fort Belvoir Bulldogs                      | Shannon Jackson                                       | Commissioner                       | sjackson1192@gmail.com         |              |
| 14 | M: Fort Myer  Annette Engum Info confirmed      |   | Youth Sports & Fitness<br>Director | annette.e.engum.civ@mail.mil   | 703 473-5853 |
| 15 | FWC: Franconia Wrestling Club                   | C: Franconia Wrestling Club  Andrea Palermo           |                                    | andrea.palermo@verizon.net     |              |
| 16 | HH - Haymarket Hurricanes                       | Jeff Arndt  | Lead                               | advantagecom@comcast.net       | 571-259-3230 |

### **NVWF Club Contacts for Season 2017-18**

| 17 | HJHW: Hayfield Junior Hawks Wrestling   | Gary Dennis                   | Head Coach                          | Hayfieldjrhawks1@gmail.com        | 571-436-8330   |  |  |  |
|----|---|-------------------------------|-------------------------------------|-----------------------------------|----------------|--|--|--|
| 18 | HRW: Herndon Rattler Wrestling          | Maggie Sanders                | Commissioner (New for 2016 season)  | rattlerswrestlingteam@gmail.com   | 203-518-2291   |  |  |  |
| 19 | JYC: Jaguar Youth Club                  | Dustin Payne                  | Head Coach                          | DLPaynel@fcps.edu                 | 240-377-1014   |  |  |  |
| 20 | KGWC: King George Wrestling Cub         | Jeff Kraisser                 | Manager                             | jeff.kraisser@gmail.com           | 540-903-7117   |  |  |  |
| 21 | KOD: Kodiac Wrestling Club              | John Parthenakis              | Overall Lead Manager                | jparthen@spotsylvania.k12.va.us   | 540-273-1537   |  |  |  |
| 22 | KRW: Kettle Run Wrestling               | Sheri Foy                     | Commissioner                        | krwrestlingclub@gmail.com         | 540-270-1032   |  |  |  |
| 23 | LION: Lions Wrestling Club              | Matthew Barakat               | Commissioner                        | Mattbarakat@aol.com               | 703-508-2855   |  |  |  |
| 24 | MV: Mount Vernon Youth Wrestling        | Tim Koch<br>Info confirmed    | President & Head<br>Wrestling Coach | mvmatmonsters@gmail.com           | 703-587-9711   |  |  |  |
| 25 | PWWC: Prince William Wrestling Club     | Judy Smarr<br>Info confirmed  | Registrar                           | pwwcpanthers@aol.com              | 540-752-0078   |  |  |  |
| 26 | SCAA: South County Athletic Association | Jeff Payne                    | Commissioner & Head<br>Coach        | JRPayne@fcps.edu                  | 703-408-9204   |  |  |  |
| 27 | SH: Stafford Highlanders                | Jake Bell<br>Info confirmed   | President and Coach                 | staffordhighlanders@yahoo.com     | 831-917-6860   |  |  |  |
| 28 | SYA: Southwest Youth Association        | Ken Brown                     | Commissioner                        | KBrown53@hotmail.com              | (202) 384-2806 |  |  |  |
| 29 | TC: Team Cobras                         | Janet Brown<br>Info confirmed | President                           | Bbrowntown8@aol.com               | 540-718-2644   |  |  |  |
| 30 | VYI: Vienna Youth, Inc.                 | Bob Allen                     | New Commissioner                    | ballen@chainbridgetech.com        | 703.472.7943   |  |  |  |
| 31 | WLWC: Western Loudoun Wrestling Club    | Phill Bartlett                | President                           | WesternLoudounWrestling@gmail.com | 240-364-4047   |  |  |  |
|    | NEWLY ADOPTED CLUBS FOR SEASON 2017-18  |                               |                                     |                                   |                |  |  |  |
| 32 | WWWC: Werewolves Wrestling Club         | Mark McGowan                  | Coach                               | CoachMarkMcGowan@yahoo.com        | 540-318-9624   |  |  |  |

## NVWF Officer & Registrar Contacts for Season 2017-18

| EXECUTIVE OFFICERS ELECTED BY THE BOARD OF DIRECTORS, AS WELL AS PAID PERSONNEL & CONTRACTORS |                                  |                 |              |                              |              |  |  |
|---|----------------------------------|-----------------|--------------|------------------------------|--------------|--|--|
| As of September 9, 2017   |                                  |                 |              |                              |              |  |  |
|   | CURRENT OFFICER POSITIONS        | NAMES           | AFFILIATIONS | EMAIL #1                     | PHONE (C)    |  |  |
| 1   | Commissioner                     | Mike Gingras    | WLWC         | mike-gingras@comcast.net     | 703-282-1318 |  |  |
| 2   | eputy Commissioner Scott Matheny |                 | BWC          | wsmatheny@fcps.edu           | ??           |  |  |
| 3   | Treasurer                        | Jimmy Zoller    | KRW          | treasurer.nvwf@outlook.com   | 443-896-7976 |  |  |
| 4   | Equipment Manager                | Doug White      | FCA          | larrydouglas.white@gmail.com | 703-586-8430 |  |  |
| 5   | ecretary Bill Marck              |                 | DSYS         | bmarckwrestling@gmail.com    | 571-338-5669 |  |  |
| 6   | Registrar                        | Shannon Matheny | BWC          | nvwf00@gmail.com             | 571-332-7779 |  |  |

#### Cross References b/w Grades, School Periods, Birth Years, Age Groups

|  | SCHOOL YEAR DATE RANGE |          |         | SEASON 2017-2018                |                    |           |  |
|--|------------------------|----------|---------|---------------------------------|--------------------|-----------|--|
| Grades   | Start                  | Middle   | End     | NVWF GROUPS                     | <b>BIRTH YEARS</b> | Age Group |  |
| 9th  | Fall 02                | J03-AP03 | M03-A03 | Seniors                         | 2003-2004          | 14U *     |  |
| 8th  | S03-D03                | J04-AP04 | M04-A04 | Selliois                        | 2003-2004          | 140       |  |
| 7th  | S04-D04                | J05-AP05 | M05-A05 | Intermediates                   | 2005-2006          | 12U *     |  |
| 6th  | S05-D05                | J06-AP06 | M06-A06 |                                 | 2003-2000          | 120       |  |
| 5th  | S06-D06                | J07-AP07 | M07-A07 | Juniors                         | 2007-2008          | 10U *     |  |
| 4th  | S07-D07                | J08-AP08 | M08-A08 |                                 | 2007-2008          | 100       |  |
| 3rd  | S08-D08                | J09-AP09 | M09-A09 | Midgets                         | 2009-2010          | 8U *      |  |
| 2nd  | S09-D09                | J10-AP10 | M10-A10 |                                 | 2009-2010          | 80        |  |
| 1st  | S10-D10                | J11-AP11 | M11-A11 | Bantams                         | 2011-2012          | 6U*       |  |
| K  | S11-D11                | J12-AP12 | M12-A12 |                                 | 2011-2012          | 00        |  |
| Pre  | S12-D12                | J13-AP13 | M13-A13 | A13 Prohibit Younger Pre School |                    |           |  |
| Note: age groups, 14U, 12U, 10U, 8U, 6U, b-dates as of Jan 1st |                        |          |         |                                 |                    |           |  |
| Note: 9th graders prohibited from youth tournaments            |                        |          |         |                                 |                    |           |  |

#### **Key points**

\* Age group based on birth dates on or after Jan 1st of the highlighted odd number birth year

- Shows a correlation between the grades and birth years
- Public schools consider September 1st as the start for a grade; for example, 6th graders are kids born Sep 04 Aug 05
- NVWF uses two-year groups for Intermediates for example 2004-2005 roughly equivalent to 6<sup>th</sup> and 7<sup>th</sup> graders
- Age groups are generally defined as kids born in calendar years beginning January 1<sup>st</sup> of one year and extending to the end of the 24<sup>th</sup> month of the next birth year; the term 12U for example is a child born on or after January 1, 2005
- Middle school is defined as birth dates Sep 1, 2003 and Aug 31, 2006, a span of 36 months, otherwise defined as those born on or after September 1, 2003 to prohibit older 9<sup>th</sup> graders from participation